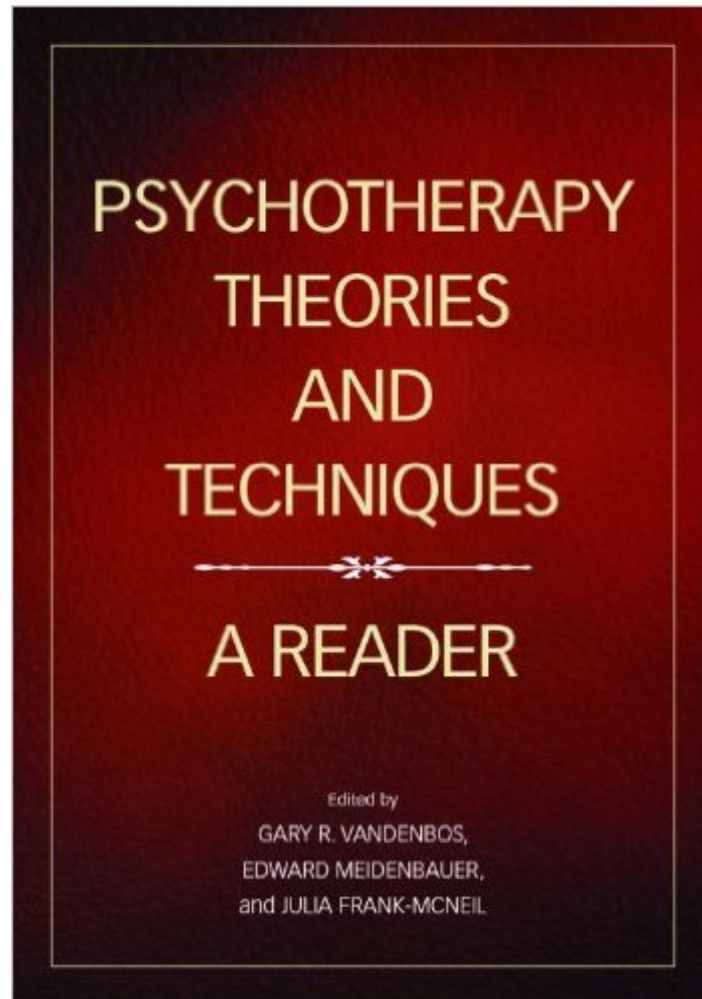


The book was found

# Psychotherapy Theories And Techniques: A Reader



## Synopsis

Psychotherapy Theories and Techniques explores the richness and variety of psychotherapy in a collection of carefully chosen excerpts from APA publications. Intended for students and practitioners, this volume provides a unique look at contemporary psychotherapy theory and the specific interventions associated with each orientation. All major approaches in psychotherapy are included everything from cognitive behavioral therapy to psychoanalytic therapy as well as newer approaches such as acceptance and commitment therapy and schema therapy. Chapter appendixes direct readers to videos showing specific techniques in APA's database of psychotherapy demonstrations, PsycTHERAPY, so that readers can see interventions in action. Whether just beginning a clinical program of study or already in practice, readers may use this volume as both a companion to PsycTHERAPY as well as a unique survey of contemporary approaches and techniques.

## Book Information

Paperback: 368 pages

Publisher: American Psychological Association (APA); 1 edition (November 15, 2013)

Language: English

ISBN-10: 1433816199

ISBN-13: 978-1433816192

Product Dimensions: 0.8 x 7 x 10 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars See all reviews (12 customer reviews)

Best Sellers Rank: #117,666 in Books (See Top 100 in Books) #197 in Books > Textbooks >

Social Sciences > Psychology > Clinical Psychology #323 in Books > Medical Books >

Psychology > Clinical Psychology #329 in Books > Medical Books > Psychology >

Psychotherapy, TA & NLP

## Customer Reviews

I love this book. It does a fantastic job explaining the different therapeutic techniques, as well as offering great examples. My students love it. The chapters are nice and short, so it pairs well with other scholarly articles or videos I assign without burning them out.

i did not purchase this book of my own volition- however, its not a bad read

Good resource book for students in Psychology classes

Very Practical and informative.

This book is very nice. I had to order for a MSW class I was attending. It is very thorough but not too long. It gives you what you need to know. Very helpful.

Not great on Kindle..no page numbers for referencing. Aside from that.. fine

[Download to continue reading...](#)

Psychotherapy Theories and Techniques: A Reader The Great Psychotherapy Debate: The Evidence for What Makes Psychotherapy Work (Counseling and Psychotherapy) Philosophies And Theories For Advanced Nursing Practice (Butts, Philosophies and Theories for Advanced Nursing Practice) Nursing Theories and Nursing Practice ( Third Edition ) (Parker, Nursing Theories and Nursing Practice) Theories of Counseling and Psychotherapy: A Case Approach (3rd Edition) Theories of Psychotherapy & Counseling: Concepts and Cases Psychoanalysis and Psychoanalytic Therapies (Theories of Psychotherapy) Theories for Direct Social Work Practice (SW 390N 2-Theories of Social Work Practice) Theories of Personality (PSY 235 Theories of Personality) Existential-Humanistic Therapy (Theories of Psychotherapy) Relational-Cultural Therapy (Theories of Psychotherapy) Skills in Gestalt Counselling & Psychotherapy (Skills in Counselling & Psychotherapy Series) Spanish Reader Intermediate 1: Short Stories in Spanish (Spanish Reader For Beginners, Intermediate and Advanced Students nÂ° 3) (Spanish Edition) Spanish Reader For Advanced Students (Spanish Reader for Beginners, Intermediate and Advanced Students nÂ° 5) (Spanish Edition) Levinas' 'Totality and Infinity': A Reader's Guide (Reader's Guides) Uncle John's Canoramic Bathroom Reader (Uncle John's Bathroom Reader) Uncle John's Fully Loaded 25th Anniversary Bathroom Reader (Uncle John's Bathroom Reader) Uncle John's Heavy Duty Bathroom Reader (Uncle John's Bathroom Reader) Spanish Reader Advanced III: Spanish Short Stories (Spanish Reader for Beginners, Intermediate & Advanced Students nÂ° 7) (Spanish Edition) Spanish Reader Intermediate II: Short Stories in Spanish (Spanish Reader for Beginner, Intermediate & Advanced Students) (Spanish Edition)

[Dmca](#)